

## NMS Depression Expansion Pilot

### Greater Manchester Updates

Welcome to the NMS Depression Expansion Pilot in Greater Manchester (GM) updates:

#### General Practices Notifications:

As part of the service sign up and self-declaration (section 3 of the service specification), pharmacy contractors are reminded that they **must**:

*“... Notify general practices within their locality of their intention to deliver services as part of this pilot. This is to encourage effective partnership working between general practices and the community pharmacy to ensure the service delivers good outcomes for patients...”*

The details of pharmacy contractors participating in the pilot have been shared with the medicine optimisation leads for each locality to encourage communication and partnership working between general practices and community pharmacies.

#### Webinar:

We are pleased to announce that the webinar took place on Wednesday 1<sup>st</sup> of November 2023. The webinar was a collaboration between our programme team, the GMLPC and representatives from The Pharmacy Integration Fund (PHIF) team, Greater Manchester Mental Health Trust, and Pennine Care NHS Foundation Trust.

**The recording of the webinar is made available for anyone who wasn't able to attend.**

**[CLICK HERE TO WATCH](#)**

#### Aims of the Pilot:

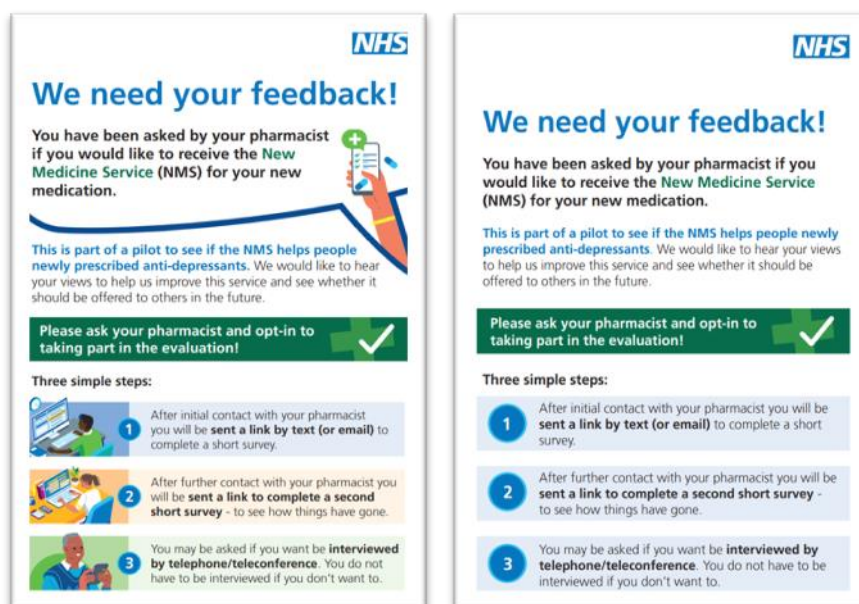
The aim of the pilot is to test the inclusion of depression as a therapeutic area in the NMS and to test a revised NMS service model that would align more closely with the treatment of depression in primary care as part of an integrated clinical pathway. The service will also provide an opportunity to better utilise community pharmacists in supporting patients with mental health conditions.

#### Patients' Feedback and the Pilot Evaluation:

- Submission of the patient engagement record on the web-based collection tool triggers an online questionnaire to be sent to the patient (if the opt-in to take part). This is repeated when the patient leaves the service after a follow-up or early exit from the service. The comparison of responses at these two timepoints is vital for the pilot's evaluation. **Therefore, records should not be held back and submitted in batches, i.e., patient engagement, intervention and follow-up submitted via the data collection tool on the same day. They should be submitted on the same day to allow for the feedback questionnaire to be sent to the patient.**
- The following flyer can be used to inform and encourage eligible patients to take part in the pilot evaluation and feedback.



PRL\_anti\_depressant\_pilot\_A5\_flyer\_V1.pdf



### **Mandatory Training:**

Completion of the following training resources within **the last two years** is required:  
<https://www.cppe.ac.uk/services/anms-pilot>

- Centre for Pharmacy and Postgraduate Education (CPPE): Consulting with people with mental health problems (up to 120min)
- Royal College of Psychiatrists: Antidepressants (up to 90min)
- Royal College of Psychiatrists: Anxiety, panic and phobias (up to 60min)
- Zero Suicide Alliance (ZSA) Suicide Awareness Training (up to 20min)

- Scenario-based educational videos (up to 30min)

Evidence of competencies must be retained within each pharmacy for all pharmacists and staff delivering this service including the requirements of the Advanced Service Specification for NMS. It may be requested at any time by the commissioner.

**Resources:**

- [NHS Community Pharmacy New Medicine Service \(NMS\) Expansion Pilot: Inclusion of Depression as a Therapeutic Area and Revised Service Delivery Model | NHSBSA](#)
- [Service Level Agreement & Service Specification \(nhsbsa.nhs.uk\)](#)
- [New Medicine Service \(NMS\) - Community Pharmacy England \(cpe.org.uk\)](#)
- [CPPE NMS gateway page \(cppe.ac.uk\)](#)
- [Greater Manchester LPC – Representing community pharmacists in Greater Manchester \(communitypharmacy.org.uk\)](#)

Kind regards,

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