

# Nitazenes: what to look out for

## What are nitazenes?

Nitazenes are very strong and dangerous synthetic opioids. They have been found in the drug supply across the country.

## What are the risks?

Nitazenes are continuing to cause overdoses and deaths.

## Call 999 and give naloxone



If you think someone is overdosing, **call 999** for an ambulance immediately.

### Give the person naloxone.

Make sure you have enough naloxone - at least two kits.

You may need to **give more doses of naloxone** to stop someone from overdosing.

## Test your drugs

Ask your local service for **nitazene testing strips** and **naloxone kits**. You can also visit: [changeGrowLive.org/naloxone](https://changeGrowLive.org/naloxone) or [wedinos.org](https://wedinos.org) to find out more.

## Keeping yourself safe

Take extra care, especially if you use:

- Heroin
- Opioid tablets (like oxycodone)
- Benzos (like Xanax)



### Go low and slow

Be extra cautious with the drugs you are taking and where you get them from.



### Try to avoid mixing drugs

Using more than one drug increases your risk of overdose, including mixing drugs with alcohol.



### Don't use alone

Make sure you are with someone you trust and that you both have naloxone kits. It's best if one person uses the drug first and starts with a low 'test' dose.



### Look after your friends

Look out for the signs of an overdose:

- loss of consciousness
- shallow or absent breathing
- 'snoring' or loud 'rasping'
- blue or grey lips or fingertips

