

Appendix 1: GM MAS Formulary Update March 2024

Indication	Medication	Pack Size	Age Range/Notes
Allergy	Cetirizine 10mg tablets	30	6 years and over
	Cetirizine 5mg/5ml oral solution SF	200m	2 years and over
	Chlorphenamine 4mg tablets	30	6 years and over
	Chlorphenamine 2mg/5ml oral solution	150ml	2 years and over
	Sodium Cromoglicate 2% eye drops	10ml	6 years and over
	Beclometasone 50mcg/metered dose nasal spray	100 dose	18 years and over
Athletes Foot	Clotrimazole 1% cream	20g	6 months and over
	Miconazole 2% cream	30g	6 months and over
	Terbinafine 1% cream	15g	12 years and over
	Hydrocortisone 1% cream	15g	10 years and over
Atopic Eczema	ZeroAQS cream	500g	6 months and over
	Oilatum cream	150g	6 months and over
	Hydromol ointment	125g	6 months and over
	Hydrocortisone 1% cream	15g	10 years and over
	Clobetasone 005% cream	15g	12 years and over
Constipation	Ispaghula Husk 3.5g sachets	10	18 years and over
	Bisacodyl 5mg EC tablets	10	18 years and over
Contact Dermatitis	ZeroAQS cream	500g	6 months and over
	Hydrocortisone 1% cream	15g	10 years and over
	Clobetasone 005% cream	15g	12 years and over
Diarrhoea	Oral rehydration sachets	6	1 year and over
	Loperamide 2mg capsules	6	18 years and over
Dry Eyes	Hypromellose 0.3% eye drops	10ml	For ages 12 years and over
Ear Wax	Olive oil ear drops	10ml	For ages 12 years and over
Otitis Externa	Acetic acid 2% spray	5ml	For ages 12 years and over
Fever	Paracetamol 500mg tablets	32	12 years and over
	Paracetamol 500mg soluble tablets	24	12 years and over
	Paracetamol 120mg/5ml oral suspension sugar-free	200ml	2 months - 6 years

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	Paracetamol 250mg/5ml oral suspension sugar-free	100ml	6 years and over
	Ibuprofen 200mg tablets	24	12 years and over
	Ibuprofen 400mg tablets	24	12 years and over
	Ibuprofen 100mg/5ml oral suspension sugar-free	100ml	3 months and over
Head Lice	Dimeticone 4% lotion (<2 years)	50ml	6 months and over
	Dimeticone 4% lotion (2 years+)	2 x 50ml	6 months and over
	Bug buster kit	1	6 months and over
Indigestion and Heartburn	Peptac liquid	500ml	18 years and over
	Gaviscon Advance liquid	150ml	18 years and over
Insect Bites and Stings	Cetirizine 10mg tablets	30	6 years and over
	Cetirizine 5mg/5ml oral solution SF	200ml	2 years and over
	Chlorphenamine 2mg/5ml oral solution	150ml	1 year and over
	Chlorphenamine 4mg tablets	30	6 years and over
Mouth Ulcers	Benzydamine spray 0.15%	30ml	5 years and over
	Chlorhexadine gluconate 0.2% mouthwash	300ml	12 years and over
	Anbesol liquid	10ml	1 year and over
Nappy Rash	Conotrane cream	100g	For ages 1month - 4 years
Pain including teething	Paracetamol 500mg tablets	32	12 years and over
	Paracetamol 500mg soluble tablets	24	12 years and over
	Paracetamol 250mg/5ml suspension sugar-free	100ml	6-12 years old
	Paracetamol 120mg/5ml suspension sugar-free	200ml	3 months - 6 years
	Ibuprofen 200mg tablets	24	12 years and over
	Ibuprofen 400mg tablets	24	12 years and over
	Ibuprofen 100mg/5ml oral suspension sugar-free	100ml	3 months and over
Threadworm	Mebendazole 100mg tablets	2 x 1	2 years and over
Oral Thrush	Miconazole 2% oral gel	15g	4 months and over
Vaginal Thrush	Fluconazole 150mg capsule	1	Females aged 16yrs - 60yrs
	Clotrimazole 500 mg pessary (where fluconazole is contraindicated)	1	Females aged 16yrs - 60yrs
	Clotrimazole 2% cream	20g	Females aged 16yrs - 60yrs

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